Patient Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Birth \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please read the following carefully and answer as directed to the best of your ability. The doctor will clarify and answer any questions you may have in your face to face interview. Please **circle** the a**lphabet** and/ or **number** next to the symptoms from the following list that may apply to you as well as the best **Yes** or **No** answer that applies to you below:

**(A)** Have you ever had 5 or more of the following symptoms present during the same 2 week period representing a change from previous functioning? **Yes** **No**

**(1)** depressed mood as indicated by feeling sad or empty or tearful most of the day, nearly every day; **(2)** diminished interest or pleasure in activities; **(3)** weight gain or loss or change in appetite; **(4)** insomnia or hyper-somnia; **(5)** observable psychomotor agitation or retardation; **(6)** fatigue or loss of energy; **(7)** feelings of worthlessness or excessive guilt; **(8)** diminished concentration or indecisiveness; **(9)** recurrent thoughts of death or suicide;

**(B)** Have you ever had a period of abnormal and persistently elevated or irritable mood lasting at least 4 days (or any duration if hospitalization was necessary) during which any of the following symptoms were present? **Yes** **No**

**(1)** inflated self esteem or grandiosity; **(2)** decreased need for sleep; **(3)** pressure to keep talking; **(4)** flight of ideas or racing thoughts; **(5)** distractibility; **(6)** increase in goal directed activity or psychomotor agitation; **(7)** risky behaviors;

**(C)** Have you ever had a period of intense fear or discomfort in which 4 or more of the following symptoms developed abruptly and reached a peak within 10 minutes? **Yes** **No**

**(1)** palpitations or pounding heart; **(2)** sweating; **(3)** trembling or shaking; **(4)** sensations of shortness of breath; **(5)** feeling of choking; **(6)** chest pain or discomfort; **(7)** nausea or abdominal distress; **(8)** feeling dizzy, unsteady, lightheaded or faint; **(9)** feelings of unreality or detachment from oneself; **(10)** fear of losing control or going crazy; **(11)** fear of dying; **(12)** numbness or tingling sensations; **(13)** chills or hot flushes;

**(D)** Have you ever experienced: **(1)** recurrent, unexpected panic attacks; **(2a)** persistent concerns about having additional attacks; **(2b)** worrying about the consequences of having panic attacks (e.g. losing control, having a heart attack); **(2c)** a significant change in behavior related to the attacks;

**(E)** Have you ever had a marked or excessive or unreasonable fear of: **(1)** being in a crowd; **(2)** being outside the home alone; **(3)** being in a public place; **(4)** social situations; **(5)** any other phobia;

**(F)** Have you ever had: **(1)** recurrent and persistent thoughts, impulses, images that are experienced as intrusive and inappropriate and cause marked anxiety or distress; **(2)** repetitive behaviors (e.g., hand washing, ordering, checking) or mental acts (praying, counting, repeating words) that you feel driven to perform in response to an obsession to prevent or reduce distress;

Patient Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Birth \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**(G)** Did you ever experience, witness or were exposed to an event or events that involved actual or threatened death or serious injury, or a threat to the physical integrity of self and others? **Yes** **No**

Did you experience intense fear, helplessness or horror in the above situation? **Yes**  **No**

Have you had any of the following symptoms in response to the above event: **(1a)** recurrent and intrusive distressing recollections, images or dreams of the event; **(1b)** acting or feeling as if the trauma was recurring including a sense of reliving the experience or having flashbacks of the event; **(1c)** physiological reactivity or psychological distress on exposure to cues that resemble an aspect of the trauma; **(1d)** inability to recall an important aspect of the trauma; **(2a)** persistent avoidance of thoughts, feelings, conversations, activities, places or people that remind you of the trauma; **(2b)** reduced interest or participation in activities; **(2c)** feeling detached or estranged from others; **(2d)** numbing or restriction of feelings; **(2e)** sense of a foreshortened future; **(3a)** persistent symptoms of increased anxiety or hyper-vigilance such as difficulty falling asleep, irritability or outbursts of anger, difficulty concentrating; increased startle response.

**(H)** Did you have excessive anxiety and worry for more days than not over the past 6 months? **Yes** **No**

Which of the following symptoms occurred along with your anxiety for more days than not in the last 6 months: **(1)**Restlessness or feeling on edge; **(2)** Being easily fatigued; **(3)** Difficulty concentrating or mind going blank; **(4)** Irritability; **(5)** Muscle tension; **(6)** Difficulty falling or staying asleep;

**(I)** Have you had 6 or more of the following symptoms starting before age 7 years from either **(1)** or **(2)** below that lasted at least 6 months and caused mal-adaptation or impairment? **Yes** **No**

**(1a)** inattention to details / careless mistakes; **(1b)** difficulty sustaining attention; **(1c)** not seeming to listen when spoken to directly; **(1d)** not following through on instructions or work; **(1e)** difficulty organizing tasks/ activities; **(1f)** avoiding tasks requiring sustained mental effort; **(1g)** often losing things; **(1h)** easily distracted; **(1i)** often forgetful; **(2a)** often fidgety; **(2b)** often leaves seat when remaining seated is expected; **(2c)** runs about or climbs excessively (in adults, feelings of restlessness); **(2d)** often has difficulty playing quietly; **(2e)** often “on the go” **(2f)** often talks excessively; **(2g)** often blurts out answers; **(2h)** often has difficulty awaiting turn; **(2i)** often interrupts or intrudes on others.

**Completed by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Reviewed by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**